

# SAIT'S COMMUNITY VOLUNTEER FAIR

Jan. 25, 2024



## **ACKNOWLEDGEMENT OF TRADITIONAL TERRITORIES**

SAIT is located on the traditional territories of the Niitsitapi (Blackfoot) and the people of Treaty 7 which includes the Siksika, the Piikani, the Kainai, the Tsuut'ina and the Îyârhe Nakoda of Bearspaw, Chiniki and Goodstoney. We are situated in an area the Blackfoot tribes traditionally called Moh'kinsstis, where the Bow River meets the Elbow River. We now call it the city of Calgary, which is also home to the Métis Nation of Alberta, Region 3.

# WELCOME TO SAIT'S 2024 COMMUNITY VOLUNTEER FAIR

**Community engagement is vital to fostering a robust, inclusive and connected society.**

It involves individuals and organizations actively participating in community life, contributing to decision-making processes, and collaborating to address local challenges and promote positive change.

The Community Volunteer Fair is an important part of SAIT's Community Engagement program. We're pleased to welcome so many local community organizations to campus — thank you for being here and for all you do to help make Calgary a great place to live and work.

We're also pleased to promote the value and importance of getting involved in our broader Calgary community to our SAIT community of students, employees and alumni through the fair.

Here's to making some new and lasting connections.



**Randy Paquette**

Director, Community Engagement

# EXHIBITORS

## **4-H ALBERTA** | [4hab.com](http://4hab.com)

4-H is a program that develops exceptional youth leaders, equipping them with essential skills for success. With a rich history in Alberta and globally, 4-H offers diverse projects including active living, arts, science and technology, crafts, cooking, agriculture, and more. This dynamic program empowers youth from urban and rural areas, helping them develop lifelong skills, form friendships and pursue their passions. 4-H also brings families together as clubs rely on support from families and volunteer leaders to ensure success.

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## **ACCESSIBLE HOUSING** | [accessiblehousing.ca](http://accessiblehousing.ca)

Accessible Housing is a non-profit organization and registered charity with a mandate to open doors for people with limited mobility to enhance dignity through accessible homes that are appropriate and affordable.

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## **ACTION DIGNITY SOCIETY** | [actiondignity.org](http://actiondignity.org)

ActionDignity (then Ethno-Cultural Council of Calgary) was publicly launched on March 21, 2002, on the International Day for the Elimination of Racial Discrimination and the first day of spring, ushering in a season of hope and new beginnings amidst growing intolerance of cultural diversity during the six months after September 11. Nine ethno-cultural organizations and several individuals joined in as initial members, together with individual leaders. It then registered as an Alberta Society on December 16, 2002 and registered as a Charitable Organization on October 15, 2012.

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## **ARUSHA CENTRE** | [arusha.org](http://arusha.org)

The Arusha Centre inspires and supports communities to connect, gather, and create a socially, economically, and environmentally just future.

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**AUTISM ASPERGERS FRIENDSHIP SOCIETY** | [aafscalgary.com](http://aafscalgary.com)

We provide social and recreational respite opportunities for individuals on the Autism Spectrum.

We see a socially and recreationally satisfying future for all of our members. We see them spending their evenings and weekends laughing with their friends, celebrating with their families and being as happy as anybody, anywhere, anytime.

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**BETHANY CARE SOCIETY** | [bethanyseiors.com](http://bethanyseiors.com)

Creating caring communities - We celebrate aging and we value choice, quality of life, independence and community. These are the cornerstones of our services. As the seniors population grows, so have we, responding to the needs of the communities we are part of. Inspired by our legacy of faith, caring and love, and along with a passion to serve, we create caring communities for our seniors. Our continuing care programs, residences and service options reflect the changing social, physical, spiritual, emotional and intellectual needs of our residents and our tenants. We provide a range of housing and care options, from independent living to supportive living, long-term care, specialized dementia care and community services throughout central and southern Alberta. For over 75 years, we have been a voice for seniors in Alberta. Our residents and clients all benefit from the holistic care we provide for mind, body and spirit.

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**BIG BROTHERS BIG SISTERS OF CALGARY AND AREA** | [bbbscalgary.ca](http://bbbscalgary.ca)

Big Brothers Big Sisters creates and empowers quality 1:1 mentoring relationships for children and youth. We ensure young people have the relationships they need to become resilient and realize their full potential.

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**CALGARY CANUCKS** | [calgarycanucks.ca](http://calgarycanucks.ca)

The Calgary Canucks are a community owned and volunteer ran junior hockey team playing out of the newly renovated Max Bell Centre. Our mission is to continue the legacy of Calgary's oldest actively running hockey team for over 50 seasons. We are looking for hockey passionate Volunteer "Crew Members" to join our growing team.

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## **CALGARY DROP-IN CENTRE** | [calgarydropin.ca](http://calgarydropin.ca)

We welcome adults at risk of or experiencing homelessness. Working collaboratively, we provide access to a spectrum of care that supports each person's transition to the most independent living possible including emergency shelter, programs and services, and affordable and supported housing.

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## **CALGARY FOOD BANK** | [calgaryfoodbank.com](http://calgaryfoodbank.com)

Providing emergency food hampers to those in need.

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## **CALGARY HUMANE SOCIETY** | [calgaryhumane.ca](http://calgaryhumane.ca)

By connecting people and animals, we help to build an unwavering bond that is a gateway for more meaningful lives. An animal's second chance starts with us, and we are committed to finding the right person for each animal. Our mission is to help as many animals as we can and give them the life they deserved from the start. Our goal is to provide every person with the experience of companionship and true fulfillment that can only come from caring for an animal.

We are a hub for all animals in need — any animal, under any circumstances. Beyond adoptions, we support animal welfare in Calgary through education, outreach, emergency vet services for surrendered animals, behavior training for those in need, and our unique ability to enforce the Animal Protection Act.

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## **CALGARY MEALS ON WHEELS** | [mealsonwheels.com](http://mealsonwheels.com)

Calgary Meals on Wheels is a not-for-profit organization that promotes health and independence to Calgarians in need of affordable, nutritious meals regardless of age, ability, or life circumstances. In addition to the meal delivery programs, Calgary Meals on Wheels also operates a school nutrition program and Hot Soup school lunch program, as well as the Going Home program; delivering meals to seniors after a stay in the hospital to recover in the comfort of their homes.

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**CEREBRAL PALSY KIDS AND FAMILIES** | [calgarycp.org](http://calgarycp.org)

We are a family-focused community leader that provides support, resources, and opportunities to children and families living with physical disabilities, including cerebral palsy, throughout their life journey.

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**CHILDREN'S COTTAGE SOCIETY** | [childrenscottage.ab.ca](http://childrenscottage.ab.ca)

Children's Cottage Society is dedicated to building strong healthy children and safe nurturing families through prevention programs and support services. We work with families to increase protective factors and decrease risk factors as a strategy to promote child development, effective and nurturing parenting, and to support and strengthen family functioning. These efforts keep our promise to children, *"to help your parents keep you safe so that you can grow up to be healthy and happy."*

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**ECSSSEN CAREER SCHOOL** | [ecssen.ca](http://ecssen.ca)

ECSSSEN Career School strives to support immigrant newcomers and socially disadvantaged to become productive members of society by providing career development opportunities, social service programs and other community-based support.

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**EMPOWERED FUTURES** | [empoweredfutures.ca](http://empoweredfutures.ca)

Empowered Futures is a Canadian charity organization based in Calgary. Through our mentorship platform, we connect youth ages 18 to 28 with mentors, aiming to provide guidance and support for their professional development. Our mission is to facilitate a seamless transition into resourceful adulthood by fostering meaningful connections and mentorship experiences.

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**FURBALL FORCE ANIMAL RESCUE SOCIETY** | [furballforce.org](http://furballforce.org)

Furball Force is an Animal Rescue Society in Alberta, dedicated to improving the lives of all rescue and shelter animals. We focus on the animals that are often overlooked due to age, special needs, behavioural issues, and more. Our goal is to not only find homes for these deserving animals, but to show just how special they are through partnering with individuals and communities that understand what it is like to be considered less-than. We can't succeed alone, and need the support of community members like you to really make a significant impact.

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## **IMMIGRANT SERVICES CALGARY - IMMIGRANT ARRIVAL CENTRE** |

[immigrantservicescalgary.ca](http://immigrantservicescalgary.ca)

For over 40 years, Immigrant Services Calgary has been an integral part of the Calgary community, working to make a meaningful difference in the lives of newcomers.

Through our work, we ensure families and individuals have the support they need to successfully begin a new chapter of their lives in Canada.

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## **IMMIGRANT TECHIES ALBERTA** | [immigranttechies.ca](http://immigranttechies.ca)

Immigrant Techies Alberta is a non-profit supporting empowering immigrant professionals to pivot to and/or thrive in tech careers and startups.

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## **INLUCITY** | [nclucitycalgary.ca](http://nclucitycalgary.ca)

We at IncluCity are a group of community-focused individuals with the shared vision that gathering diverse perspectives can have a huge impact on technology. Our goal is to create a diverse community of testers to improve the usability of solutions and services for everyone.

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## **JA SOUTHERN ALBERTA** | [jasab.ca](http://jasab.ca)

Junior Achievement is the link between education and the business world, giving youth the confidence and knowledge they need to define personal success, enhance their workforce readiness and pursue their dreams and aspirations. Founded in 1960, Junior Achievement of Southern Alberta (JA Southern Alberta) looks to inspire students from K-12 in three main programmatic areas: financial literacy, entrepreneurship, and career readiness. Each year we reach over 40,000 students within these programmatic areas. Our 10-year goal is to reach 75% of students in Southern Alberta through these and other offerings through a focus on being community leaders, providing educator support, and finding ways to increase our impact.

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**KIDS UP FRONT CALGARY** | [kidsupfrontcalgary.com](https://kidsupfrontcalgary.com)

Kids Up Front creates joy, promotes inclusion and strengthens communities by connecting children and families to enriching experiences. Kids Up Front has rewarding opportunities available for anyone who wants to get involved and support our charity through volunteering.

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**LEFTOVERS FOUNDATION** | [rescuefood.ca](https://rescuefood.ca)

The Leftovers Foundation's mission is to reduce food waste and prevent the greenhouse gas emissions caused when good food is left to rot.

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**MADE BY MOMMA** | [madebymomma.org](https://madebymomma.org)

Made by Momma, a grassroots non-profit organization and registered Canadian charity located in Calgary. We help families facing situations of adversity and crisis by providing healthy prepared meals, wholesome baked goods, baby essentials, children's items, supportive in-home visitors and other services to allow mothers the time they need to rest, recover and focus on their families and their health. Because we are volunteer-run, our operating costs are kept low, and the effectiveness of donated dollars/items very high.

14 Years Serving our Community  
Volunteer-Run \* Donation-Driven \* Impact-Focused

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**MEOW FOUNDATION** | [meowfoundation.com](https://meowfoundation.com)

Here for Cats and the People Who Love Them.

MEOW Foundation is a cat-focused registered charity and humane society with a no-kill mandate. Since 2000, we've been rescuing and facilitating the adoption of stray and abandoned cats into new, loving permanent homes.

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**PLATFORM CALGARY** | [platformcalgary.com](https://platformcalgary.com)

Platform Calgary is a non-profit, member based organization. Our mandate is to bring together the resources of Calgary's tech ecosystem to help startups launch and grow at every step of their journey, from ideation to scale. Through collaboration and targeted programming, we are a hub and an engine for technology-focused economic diversification and job creation.

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**PROSPECT HUMAN SERVICES** | [prospectnow.ca](https://prospectnow.ca)

Prospect provides assistance to people seeking employment. Many of the programs are designed for people with disabilities (visible and invisible). Volunteers help clients with computer skills, literacy skills and provide peer support.

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**RONALD MCDONALD HOUSE CHARITIES ALBERTA** | [rmhcalberta.org](https://rmhcalberta.org)

Ronald McDonald House Charities of Alberta supports families seeking vital medical treatment for their seriously ill or injured child. Our warm, compassionate Houses provide a home-away-from-home for families who need to travel for medical reasons. When those families are experiencing one of life's most difficult times, we offer them the gift of togetherness.

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**SAIT ALUMNI AND DEVELOPMENT** | [sait.ca](https://sait.ca)

SAIT's Alumni and Development team supports current and future alumni through a variety of engagement activities and opportunities.

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## **SAIT INTERNATIONAL CENTRE** | [sait.ca](http://sait.ca)

Whether you're a future or current international student, SAIT's International Centre will provide a supportive and inclusive environment from your arrival in Canada to beyond graduation.

From admissions assistance to immigration advising to connecting you with academic support and on-campus activities, we're here to help you succeed.

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## **SAIT LAMB LEARNER SUCCESS CENTRE** | [sait.ca](http://sait.ca)

Use your expertise to help a peer in need! Apply as a volunteer peer tutor to gain co-curricular recognition credit and develop professional skills like time management, communication, and problem-solving. As a peer tutor, you:

- provide support to up to two tutees simultaneously by answering questions, explaining course concepts in a new way, and providing strategies to succeed
  - refer students to other on-campus resources
  - do not teach new class material
  - do not complete course assignments or quizzes for your tutee.
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## **SAIT SUSTAINABILITY** | [sait.ca](http://sait.ca)

The SAIT Sustainability team is a newly formed group contributing to campus culture through community building, environmental awareness and industry best practice. We have recently launched our Eco Ambassador Program, which is based on student and staff volunteers. The volunteers have an opportunity to gain and share knowledge of SAIT's growth in sustainability and, in the near future, help SAIT reach its sustainability goals. We hope to gain a good number of volunteers who are interested in sharing SAIT's sustainability vision and appreciate the opportunity to take part in SAIT's Community Volunteer Fair.

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## **SHELTER MOVERS** | [sheltermovers.com/calgary](https://sheltermovers.com/calgary)

Shelter Movers is a national, volunteer-powered charitable organization providing moving and storage services at no cost to individuals and families fleeing abuse. We collaborate with local businesses and community agencies to support people, primarily women and children, as they transition to a life free of violence.

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## **THE IMMIGRANT EDUCATION SOCIETY** | [immigrant-education.ca](https://immigrant-education.ca)

The Immigrant Education Society (TIES) is a not-for-profit registered charitable organization that has been actively serving newcomers and low-income Calgarians since 1988. TIES' primary goal is to provide immigrants and economically disadvantaged individuals with a solid foothold in Canada and afford them the opportunities to feel belonging in their new community.

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## **THE INTEGRATED POST-SECONDARY EDUCATION SOCIETY OF ALBERTA (IPSESA)** | [ipsesocietyofalberta.com](https://ipsesocietyofalberta.com)

IPSESA facilitates inclusive post-secondary education and employment opportunities for adults with developmental disabilities.

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## **THE PREP SOCIETY** | [prepprogram.ca](https://prepprogram.ca)

The PREP Society is a non profit organization that works with families who have a child with Down Syndrome. Our vision is that individuals with Down Syndrome are active and included members of their community. We provide therapeutic services in the way of Speech, PT, OT and Behavioural Therapy. We also provide an Early Learning program for caregiver and tot, an ECS-Early Childhood Services program through Alberta Education and a K-2 group program, a grade 3-6 program and a Teen program. These group programs are working towards independence skills building and help with skills that can be transferred into the student's school and community life.

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**TRELLIS SOCIETY** | [growwithtrellis.ca](http://growwithtrellis.ca)

Trellis works with young people, adults, families, and communities to unlock their potential and support their growth. We are focused on generational change by providing a spectrum of services for people of all backgrounds, including those with complex needs. Our programs improve access to resources, develop family and community supports and build people's capacity to deal with life's challenges.

With our support, people from all walks of life are empowered to move beyond systemic barriers, cultivate great outcomes and reach their full potential. We're Trellis and we're always growing!

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**WILDER INSTITUTE/CALGARY ZOO** | [calgaryzoo.com](http://calgaryzoo.com)

The Calgary Zoo is a globally recognized charitable conservation organization that guides, innovates, and applies scientific solutions to restore some of the world's most endangered species. Locally and globally we take action in the wild every day to yield powerful benefits for nature and for people. Our more than 1,000 employees and volunteers are passionate about inspiring people to take action to sustain wildlife and wild places. By joining the Calgary Zoo, you can be part of our team of passionate and dedicated professionals working together to make a difference for wildlife in Canada and around the world.

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**WOMEN IN NEED SOCIETY** | [winsyyc.ca](http://winsyyc.ca)

Founded in 1992, the Women in Need Society (WINS) stands as a cherished thrift charity deeply rooted in the city of Calgary. Our humble origins have blossomed into a network of six thrift store locations spread across the city, along with our expanded Donation Centre. In 2020, we proudly launched the first bulk thrifting in Calgary called the More Store, and Twice New, an innovative online thrifting experience. These endeavors have allowed us to generate vital revenue to support our community programs, including House to Home, Retail Ready, Warehouse Ready, and our five Community Resource Hubs. Today, individuals from all walks of life are drawn to our social enterprises, as they recognize that their purchases and contributions have a direct, immediate impact on the lives of those in need right here in our Calgary community.

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## **WOMEN IN TRADES AND TECHNOLOGY (WITT)** | [sait.ca](http://sait.ca)

SAIT's WITT committee works to encourage, promote and retain gender diversity and inclusion in the trade and technology industries and provide individuals with the tools and opportunities they need to meet their goals.

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## **WOMEN'S CENTRE OF CALGARY** | [womenscentrecalgary.org](http://womenscentrecalgary.org)

The Women's Centre provides a safe and supportive space accessed by thousands of women in Calgary. We offer women opportunities to both receive and provide support, Connect with Others and build community through a variety of programs. While the Women's Centre is open to all women, 39% of the women who access our services and volunteer their time are living in poverty. In 2022, the Women's Centre responded to more than 44,000 contacts from women, the majority of whom were from women struggling with poverty-related issues. Our trust-based work, supported by over 700 active volunteers, is centred on a philosophy of women helping women. Helping a woman to both get support and give back as she is able provides her with opportunities to feel valued and to maintain a sense of dignity and belonging.

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## **YMCA CALGARY** | [ymcacalgary.org](http://ymcacalgary.org)

YMCA Calgary offers six health and wellness facilities, six child development centres with licensed child care, two outdoor camp sites and dozens of community program sites across the city. We deliver programs, services and opportunities to help Calgarians connect, build life-long skills, and keep active and healthy.

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## **YOUQUEST** | [youquest.ca](http://youquest.ca)

YouQuest is a charity that supports Calgarians living with young-onset dementia (diagnosed under age 65) as well as their care partners. Led by recreation therapists, YouQuest operates an active day program two and a half days per week, focusing on wellness and enjoying venues in the community. Days begin with catching up over coffee and muffins before heading to the fitness area for a workout or a game of pickleball in the gym. Lunch and socializing at a restaurant is an important part of the day and is followed by a fun outing to a museum or a walk by the river. Then we head back to our home base at the Paperny Jewish Community Centre to enjoy live music and dancing!

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YW Calgary is dedicated to supporting women and their families through programs and services like shelter, counselling, childcare and much more.

Our mission is to prevent, intervene, empower, and lead where and when people need us most. To achieve that mission, we need volunteers who want to make a difference in our community. Throughout the year, we offer a range of volunteer opportunities from special events to regularly scheduled opportunities.

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Responding to civic needs has been integral to SAIT in the past and will continue to be essential going forward. It gives SAIT a philanthropic role – taking on projects that strengthen society.”

**Dr. David Ross**

SAIT President and CEO



**Southern Alberta Institute of Technology**

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