

AC.6.3.1 Co---Curricular Recognition procedure
Schedule A List of Competencies
September 21, 2017

Competency	Indicators
Social Responsibility	<ul style="list-style-type: none"> ○ Participated in SAIT systems (boards, committees, SAITSA, etc.) ○ Demonstrated an understanding of what it means to be socially responsible ○ Participated in service/volunteer activities
Leadership	<ul style="list-style-type: none"> ○ Demonstrated the ability to lead people through encouraging and empowering others ○ Demonstrated the ability to communicate a group's vision and goals ○ Demonstrated effective leadership style ○ Resolved matters of conflict in a respectful manner
Collaboration	<ul style="list-style-type: none"> ○ Sought the involvement and feedback of others ○ Contributed to achievement of group goals or shared vision ○ Encouraged positive team/group dynamics ○ Demonstrated effective relationship building
Spiritual Awareness	<ul style="list-style-type: none"> ○ Developed and expressed personal belief system and sense of purpose ○ Reflected on a personal sense of meaning and connection to the greater whole ○ Demonstrated awareness of spirituality and how it may impact work or group dynamics
Intellectual Growth	<ul style="list-style-type: none"> ○ Employed critical thinking in problem solving ○ Used complex information from a variety of sources to form a decision or opinion ○ Reinforced personal knowledge by teaching others
Enhanced Self Awareness	<ul style="list-style-type: none"> ○ Acknowledged strengths and weaknesses in personal management ○ Demonstrated empathy towards others ○ Learned from past experiences ○ Exhibited positive role modeling and/or mentoring
Effective Communication	<ul style="list-style-type: none"> ○ Exhibited effective listening skills ○ Employed conflict resolution strategies in a respectful manner ○ Influenced others through coherent and effective writing and speaking (e.g. delivered effective presentations) ○ Used engaging communication techniques
Creativity and Innovation	<ul style="list-style-type: none"> ○ Developed and encouraged new ideas and created new and effective processes ○ Identified opportunities for creative problem-solving ○ Generated unique, practical and useful solutions to challenging situations
Professionalism	<ul style="list-style-type: none"> ○ Worked effectively in a team environment ○ Achieved positive outcomes when interacting with others ○ Demonstrated good work habits (e.g. punctual, hard-working, maintained proper decorum, completed task, dressed appropriately)
Critical Thinking & Problem Solving	<ul style="list-style-type: none"> ○ Identified root causes of issues and solved problems effectively ○ Identified and asked questions that clarified various points of views that led to better solutions ○ Interpreted information and drew meaningful conclusions ○ Worked effectively with others in figuring out solutions to problems

Appreciating Diversity	<ul style="list-style-type: none">○ Demonstrated an appreciation of others○ Expressed advantages and challenges of diverse societies○ Appropriately challenged abusive use of stereotypes and assumptions○ Expressed understanding of how thoughts, language and actions impact the development of supportive, inclusive communities
Health & Wellness Behaviour	<ul style="list-style-type: none">○ Exhibited behaviours which promoted a health and wellness culture and community.○ Promoted physical and mental health, and wellness to the community.○ Demonstrated an understanding of the relationship between health and wellness (physical, social, mental) and accomplishing life goals.○ Pursued positive physical, mental health and wellness goals.