

Pride at SAIT Newsletter

Welcome! Pride at SAIT works towards building a community on campus that is inclusive and accessible to all individuals regardless of gender expression, gender identity or sexual orientation. We hope to share resources and important information for our 2SLGBTQ+ community through our monthly newsletter and affect positive change!

Important Dates in September:

- Sept 10: [World Suicide Prevention Day](#)
- Sept 18-22: [Consent Matters \(Consent Awareness Week\)](#)
 - [Forum post](#) to the events happening at SAIT
- Sept 21: [International Day of Peace](#)
- Sept 30: [National Day for Truth and Reconciliation](#) | [Orange Shirt Day](#)
 - Here is the [link](#) to all the events happening at SAIT

RECAP: Sept. 3 – Calgary Pride Parade!

We want to extend a huge, heartfelt thank you to everyone who participated in the 2023 Calgary Pride Parade. The event was so vibrant and memorable! It was great to see our community show their ongoing commitment to promoting inclusivity, diversity and equality — on and off campus!



If you are interested in attending other events, the committee is currently planning Pride Week on campus Oct. 10 – 13. We'll have an exciting lineup of activities, workshops and discussions planned that we believe you will find both enjoyable and enriching, so stay tuned!

Call for Submissions: Celebrating Pride Stories!

Do you have a story to tell? A journey of self-discovery, love, resilience or triumph within the vibrant tapestry of the Pride community? We're excited to announce our call for submissions for stories that aim to amplify diverse voices and experiences within the 2SLGBTQ+ spectrum.

What We're Looking For: We're seeking personal stories that shine a light on the beautiful mosaic of the Pride community. Your story could be about your first Pride parade, a life-changing moment of self-acceptance, the bond of chosen family, a tale of overcoming challenges, a reflection on intersectionality or any other aspect of your 2SLGBTQ+ journey. Your story can be joyous, contemplative, humorous or deeply emotional – we want to experience the full spectrum of emotions that make up the Pride experience.

Submission Guidelines:

- Submissions should be between three to five paragraphs and 500 words max.
- Ensure that your story is respectful and considerate of all members of the 2SLGBTQ+ community.
- Feel free to use pseudonyms if you wish to remain anonymous.
- One submission per person.

How to Submit: Please email your submission as a Word document to pride@sait.ca. Include your name (or pseudonym), pronouns, contact information and a brief author bio in the email. The subject line should read: "Pride Story Submission: [Your Title]".

Submission Deadline: The deadline for submissions is **Oct. 2**. Don't miss out on this opportunity to contribute to a collection that celebrates the diverse stories of our community.

What's in it for You: Selected contributors will have the chance to have their story featured as part of the monthly Pride at SAIT newsletter, a feature for National Coming Out Day on Oct. 11 and potentially in Pride Week social media content.

Join us in embracing the power of storytelling to foster understanding, empathy and unity within the Pride community!

For inquiries, please contact us at pride@sait.ca.

🚩 Name Change Process

The Office of The Registrar has released an article with all information related to the name change process at SAIT.

You can find more info here:

<https://saitregistrar.freshdesk.com/support/solutions/articles/47001246784-preferred-name-change>

🚩 Information Sharing: What are Pronouns?

Pronouns are words that refer to either the people talking (like *you* or *I*) or someone or something that is being talked about (like *she*, *they*, and *this*). Gender pronouns (like *he* or *them*) specifically refer to people that you are talking about.

Using Gender Pronouns

People may choose to use a variety of pronouns. Below is a list of some commonly used pronouns and how they are used:

This is not an exhaustive list. It is good practice to ask which pronouns a person uses.

Subject	Object	Possessive	Possessive Pronoun	Reflexive
He	Him	His	His	Himself
"He studied"	"I called him"	"His pencil"	"That is his"	"He trusts himself"
She	Her	Her	Hers	Herself
"She studied"	"I called her"	"Her pencil"	"That is hers"	"She trusts herself"
They	Them	Their	Theirs	Themselves
"They studied"	"I called them"	"Their pencil"	"That is theirs"	"They trust themselves"
Ze (or Zie)	Hir	Hir	Hirs	Hirself
"Ze studied" ("zee")	"I called hir" ("heer")	"Hir pencil"	"That is hirs"	"Ze trusts hirself"

How can I be inclusive using and respecting gender pronouns?

Incorporate gender pronouns in everyday use, with these strategies:

- Edit your email signature to include your pronouns.
- Verbal introductions and check-ins are great opportunities to solicit gender pronouns. As names and pronouns can change over time, it is preferable to regularly incorporate these questions into meetings and introductions. Asking about a person's pronouns may initially feel awkward or uncomfortable, but it is preferable to making hurtful assumptions and using the wrong pronoun. Here are some ways you can do this:
 - "What pronouns do you use?"
 - "How would you like me to refer to you?"
 - "How would you like to be addressed?"
 - "Can you remind me which pronouns you like for yourself?"
 - "My name is Joshua and my pronouns are he, him and his. What about you?"
- Wear a pronoun pin or sticker on your SAIT ID badge.

[Source](#)

 **Queer Inclusion and Belonging at SAIT: Creating an Inclusive Classroom (PERS 143)**

PERS 143 is a course that introduces participants to equity, diversity and inclusion, with a focus on the 2SLGBTQ+ community.

You can still register for Module 1 of the course by completing an [online form](#) for students, while employees can access the course through [PeopleNOW](#).