# 2025 OCTOBER INTERFAITH INSIDER:

# Faith and Nature: The Spirit of NeoPagan and Wicca

### Faith Spotlight: NeoPagan

NeoPaganism is a modern spiritual movement that takes inspiration from old pre-Christian European traditions. Many people who follow these paths feel a deep connection to nature and see every season as part of life's ongoing cycle.

#### From Old Beliefs to Modern Paths

Gerald Gardner helped bring Wicca into the public eye through books like Witchcraft Today and The Meaning of Witchcraft. Later, figures such as Alex Sanders and Janet and Stewart Farrar built on his work, helping Wicca grow and become more open to the world. Today, NeoPagan embraces many nature-based paths like Druidry and Heathenry, blending ancient wisdom with modern life and celebrating the natural cycles of the seasons.



#### "Wicca"

One of the most wellknown NeoPagan paths is Wicca, founded in the mid-1900s by Gerald Gardner in

England. He combined old folk beliefs with modern ideas, shaping what became a new form of nature-based spirituality.





## The Elements in Wicca

Each element reflects a part of life and nature. Earth for stability, Air for inspiration, Fire for energy, and Water for emotion. At the heart of all is Spirit, which connects and balances them.

### Tools and Rituals

Wiccan rituals often use simple tools like candles, an athame (ceremonial knife), and a pentacle to focus energy and represent nature's elements. Many Wiccans also hold Esbats, quiet gatherings during the full moon for reflection and gratitude.

### Modern Witchcraft and Misconceptions

The word "witch" often brings to mind dark magic or scary stories, but in Wicca, it has a different meaning. Modern Wicca focuses on balance, respect for nature, and awareness of one's actions. It emphasizes personal responsibility and the idea that our actions can have consequences, without implying any harmful practices.

# Wicca/NeoPagan: Samhain: Honoring the Turning of the Seasons

#### The Meaning

Samhain marks the turning point between autumn and winter a season of change and transition. It invites people to slow down, look back at the year, and release what no longer serves them. In the rhythm of nature, this is a time to rest and prepare for renewal, much like the earth itself settling into stillness before spring returns.

#### Honoring Ancestors

A big part of Samhain is remembering people who came before us. Some light a candle, leave a small plate of food, or set up a simple alter to say thank you. These small actions are a way to show love and keep their memory alive.

It is not about sadness or fear, but about appreciation. Remembering our ancestors reminds us that we are part of a bigger story one that continues through every generation.

#### Modern Celebrations

Today, Samhain and Halloween are celebrated around the same time, and they share some old traditions. Halloween is about fun, costumes, and community. Samhain, on the other hand, is more quiet and spiritual.

Many Wiccans or Pagans celebrate by spending time outdoors, watching the moon, or having a small gathering with friends. Some take a walk in nature and think about how everything changes with time. Even though Samhain started many centuries ago, its message is still the same to be thankful, to remember, and to accept change as part of life.

sait.ca/interfaith



