

2025 NOVEMBER

INTERFAITH INSIDER



Remembrance Day

The meaning behind the day

Every year on **November 11**, Canadians pause to remember the brave individuals who served and sacrificed during times of war, conflict, and peacekeeping. It's a day not only to honour those who lost their lives but also to reflect on the values they fought for — freedom, peace, and unity.



The red poppy flower, worn across the country, symbolizes both remembrance and hope. Inspired by the famous poem "In Flanders Fields" by Lieutenant Colonel John McCrae, the poppy reminds us that even after loss, life and beauty return — a message of resilience and renewal.

Moments of Reflection

At **11:00 a.m.**, we observe two minutes of silence to show gratitude and respect. Whether at home, school, or work, this moment invites us to slow down, reflect, and appreciate the peace we often take for granted.



A Message for Today's Generation

For students and young people, remembering is more than looking back — it's about carrying forward a legacy. Every act of kindness, every step toward peace, and every time we choose understanding over division, we honor those who served.

Do you know about Cenotaph?

A cenotaph is an "empty tomb" built to honor soldiers who died in war, especially those never brought home.

On Remembrance Day, people gather to lay wreaths and observe silence, showing gratitude and respect for their sacrifice.





HINDU JAYANTI

Understanding Jayanti

In Hinduism, the word “Jayanti” means “birth anniversary” — a sacred time that celebrates the incarnation of a divine figure or spiritual teacher. Each Jayanti is more than a birthday; it’s a reminder of the values, teachings, and light that these figures brought to humanity.

Why Jayantis Matter

Different Jayantis are celebrated throughout the year — such as Rama Navami (birth of Lord Rama), Krishna Janmashtami (birth of Lord Krishna), Hanuman Jayanti, and Ganesha Jayanti. Each carries a message that continues to inspire people across generations:



Lord Rama

Reminds us of truth and righteousness (dharma)



Lord Krishna

Teaches about love, duty, and balance in the Bhagavad Gita.



Lord Ganesha

Symbolizes wisdom and new beginnings.



Hanuman

Embodies strength, faith, and devotion.



How Jayantis Are Celebrated

Jayantis are observed with prayers, music, fasting, storytelling, and community gatherings. Devotees read sacred texts, chant mantras, and reflect on how to live with compassion and purpose. Some celebrate at temples, while others do simple rituals at home, lighting lamps or sharing sweets with loved ones.

Interfaith Interface Discussion

Nov 7

Zumbi's Day

Nov 21

Loy Kra Tong Day

Nov 28

Orthodox Nativity Fast

Fridays at 12:00 -12:45pm

Stan Grad Building

MB305



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