

# Baking and Pastry Arts

SCHOOL OF HOSPITALITY AND TOURISM

## Overview

Transform your passion for baking and pastry into a rewarding career. Our exceptional instructors come from both traditional and contemporary baking backgrounds worldwide. Combined with state-of-the-art facilities and an innovative curriculum, we have the top Baking and Pastry Arts program in Canada.

If you've always loved baking, have an artistic touch, and dream of creating exquisite baked goods, we can elevate your skills. A career in baking and pastry arts combines the arts and science - precision, chemistry, creativity, and imagination.

Our graduates have diverse career prospects in an industry with high demand. You'll be well-prepared for the field with experience in the craft of pastry, the art of baking, sugar artistry, and artisanal chocolate production.

We prioritize your success through personalized attention, small class sizes, abundant hands-on training, and exciting facility upgrades, including specialized labs like the chocolate lab at our downtown Culinary Campus.

In this two-year diploma program, you'll master baking fundamentals, advanced techniques, and an array of specialties and recipes. You'll master yeast goods and artisan bread and develop sugar artistry skills and wedding cakes.

Additionally, you'll gain vital management and industry skills, covering topics such as food regulations, customer service, pricing, and entrepreneurship. You'll also learn how to leverage a brand on social media.

### Hands-on production environment

Our primary focus is preparing you for the real world through hands-on experience. During your two-year journey, you'll spend about 1,400 hours in bakery labs learning practical skills and about 20 hours a week on homework and review.

You'll also showcase your creations in our gourmet retail food outlets, including the esteemed Highwood restaurant, the Marketplace, and the downtown Culinary Campus.

## Learn from top international instructors

Learn from world-class instructors with diverse backgrounds, including executive pastry chefs from prestigious New York, Hawaii, and Bermuda hotels and local entrepreneurial bakers.

## Professional paid internship and study tours

Between your first and second year, you'll participate in a professional paid internship to apply your skills in a real-world setting while building valuable connections.

You also have the option to explore the world through international study tours to countries like France, Australia, Thailand, Germany, Spain, and Portugal.

### Work towards journeyman baker certification

Upon completing the program, you can opt to write the journeyman baker exam, taking you a step closer to becoming a certified journeyman baker after completing the required working hours.

The SAIT diploma in Baking and Pastry Arts prepares you for junior roles such as pastry chef, specialty cake decorator, retail or bakery manager, and chocolatier. Or you could start your own business in this dynamic industry.

## Traits, skills and aptitudes

Those in the baking and pastry arts industry tend to be methodical, objective, and directive.

You need:

• good health and physical stamina to work early morning hours and be on your feet for long periods

- manual dexterity
- a responsible attitude
- respect for public health standards.

You should enjoy creating things with your hands, stability and predictability, and security in your work.

### Academic path

This program aligns with the Alberta Apprenticeship and Industry Training (AIT) curriculum for all three technical training periods for Bakers.

You can challenge the first-year provincial exam after completing your first year in this program. You can challenge the second and third-year exams once you graduate.

Upon passing the exams, you can register as an apprentice and complete the 4,680 on-the-job training hours to earn your journeyperson designation.

#### Credentials

After successfully completing this program, you'll receive a SAIT Baking and Pastry Arts diploma.

### Practicum, Co-op and Work Integrated Learning

Between your first and second year, you'll apply your skills in a professional paid internship for a minimum of 240 hours.

The choice of worksite is flexible and can include hotels, restaurants, catering operations and other approved food service establishments.

In addition to gaining experience in a real-world environment, internships provide valuable connections and opportunities to network with future employers.

You can also take advantage of exciting international study tours. Previous tour locations have included France, Australia, Thailand, Germany, Spain and Portugal. Study tours are optional and include additional costs.

## Admission requirements

## Applicants educated in Canada

Applicants must demonstrate English language proficiency and completion of all the following courses or equivalents:

- at least 50% in English Language Arts 10-1 or 10-2, and
- at least 50% in Math 10C or Math 10-3.

SAIT accepts high school course equivalents for admission for applicants educated outside Alberta.

## Applicants educated outside of Canada

All applicants who were educated outside of Canada must demonstrate English language proficiency and provide proof they meet the program admission requirements outlined above with an international document assessment. Find accepted educational documents and assessment options.

SAIT may also accept courses completed at certain international post-secondary institutions.

## Costs

#### 2025/26 tuition and fees

The following costs are effective as of July 1, 2025.

The estimated total cost of tuition and fees is based on the suggested schedule of study. Following a modified schedule will impact the fees you pay per semester and may alter final costs.

Students in this program pay an additional mandatory fee of \$188.00 per year of study for uniform and apron laundry services.

#### **Domestic Students**

Year	Number of semesters	Tuition fees	Additional fees	Total per year
1	2	\$8,100	\$1,856.60	\$9,956.60
2	2	\$7,776	\$1,856.60	\$9,632.60
			Total cost:	\$19,589.20

The estimated total cost of tuition and fees for domestic students is based on the recommended course load per year.

#### International Students

The program total is based on the estimated amount you will pay if you enter this program during the 2025/26 academic year. The program total amount listed on your letter of admission may appear higher. This amount is your maximum tuition guarantee for the program. SAIT will not exceed this maximum, regardless of changes in tuition and fees between academic years.

Year	Number of semesters	Tuition fees	Additional fees	Total per year
1	2	\$24,825	\$1,856.60	\$26,681.60
2	2	\$23,832	\$1,856.60	\$25,688.60
			Total cost:	\$52,370.20

The estimated total cost of tuition and fees for international students is based on the recommended course load per year.

### **Books and Supplies**

Books and supplies are approximately \$1,000 - \$1,500 per full-time year.

This is a bring-your-own-device program with a standard computer hardware and software requirement. See the specific requirements on our computers and laptops page.

Find your booklist on the SAIT Bookstore's website. The booklist will be available close to your start date. Can't find your program or course? The bookstore didn't receive a textbook list. Contact your program directly to determine if they're still refining course details or if you're in luck; no textbook purchase is required for that term.

#### Required uniform

One of your first steps to becoming a Baking and Pastry Arts student is to be sure you have the required attire on your first day of class



and dress appropriately throughout the program.

Your uniform includes a:

- hairnet (all hair must be tucked into your hairnet)
- chef's hat
- necktie
- chef's whites
- name tag
- waist apron
- chef's pants
- chef's clogs or non-slip shoes.

Jewelry, including rings, bracelets and dangling earrings, are not to be worn in class. Wedding bands, stud earrings and watches are acceptable.

Your Chef's jacket, waist apron and pants are required with an annual laundry fee of \$250 (included in your tuition).

Your Chef's hat, necktie, hairnets and gloves (included in the tool kit) are available from The Market Place.

SAIT will have a vendor on site on the Orientation day selling professional non-slip kitchen shoes, but shoes can also be purchased at any professional shoe vendor. We suggest buying a clog-style shoe.

Wearing your uniform to class is mandatory.

## Required equipment/tools

#### You'll require the following:

- a calculator
- 16-inch ruler
- memory stick
- digital scale 5 kg capacity, 1 g increments
- knife bag or toolbox
- a professional baking kit. The cost is \$750 and must be purchased through a dedicated website. You will receive an email within one month ahead of your start date to purchase the kit by credit card.